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EDITOR'S
welcome

Welcome to Colmore Life, the revamped and re-named quarterly magazine for Colmore Business District (CBD).

It's summer time, which means it's time for our flagship event, the CBD Food Festival. Taking place on 18th and 19th July in Victoria Square, the festival is set to be the best yet, showcasing the top quality hospitality offering in the business district. I hope you will be able to attend this great event, which has proved to be one of the most successful food events in the city. We also have more summer activities planned, including bringing you performances from the Music for Youth Festival and the Birmingham International Jazz & Blues Festival. Furthermore, don't miss our summer sculpture trail with the Royal Birmingham Society of Artists. Colmore Life also has news and features about the CBD area and our businesses within it, as well as advisory pieces, a competition and a listing of the hidden gem events in the city.

If you would like to get in touch about our projects or the magazine, please contact the CBD team on 0121 236 4689 / info@colmorebusinessdistrict.com.

Michele Wilby
Managing Editor

Colmore Business District

Colmore Business District (CBD) is a business improvement district (BID) established to deliver improvement projects and services to the business quarter of Birmingham.

A BID is a defined geographical area within which local businesses collaborate to invest in projects, services and initiatives that improve the environment in which they

work. BIDs deliver additional services to those provided by the local authority and the police. A BID is funded by businesses and organisations in the defined area, through an annual BID levy.

The CBD area is the commercial heart of Birmingham, with around 500 companies, employing up to 35,000 people and occupying approximately 5.6 million square

feet of office space. As well as being a hub of business and professional service firms, the area has a fantastic leisure and hospitality offering, with a high proportion of independent businesses.

Colmore Life is Colmore Business District's quarterly magazine.

www.colmorebusinessdistrict.com

Activity update

Read on to discover what CBD has been up to this season...

CBD has completed its latest project to make long-term improvements to the public space in Birmingham's business quarter by delivering the enhanced Colmore Square.

The area between Colmore Row and Steelhouse Lane has been improved with new soft landscaping and planting, as well as feature lighting and benches. The square now also contains a chess garden 'pocket park' featuring two stone tables with inset chessboards.



CBD has been instrumental in facilitating major safety improvements to the square outside Birmingham Cathedral, in partnership with Amey and Birmingham Police.

The improvements were completed in April 2014. Improvements have been made to the lighting and CCTV camera coverage in Cathedral Square in an effort to tackle issues of anti-social behaviour and to strengthen perceived safety.

As part of the Birmingham Architecture Festival (BAF) 2014, CBD sponsored the design and installation of some temporary public art on the Great Charles Street Queensway footbridge.

The artwork was in place from 21st May to 1st June, in the lead-up to some significant improvements to the lighting and re-painting of the bridge, which are due to take place soon.

CBD's choir, Colmore Chorus, has been rehearsing at lunchtimes in the lead up to performing at this year's CBD Food Festival on 18th and 19th July.

Colmore Chorus is made up of professionals working in and around CBD. The choir is a mixed group and is open to all to join. The rehearsal sessions provide a relaxed setting to meet others from the District, whilst learning new skills. If you are interested in joining the choir, please contact Clare Perkins:

clare-p@colmorebusinessdistrict.com / 0121 236 4689.

A total of £2,460 was raised for Children's Liver Disease Foundation and the Rape & Sexual Violence Project at CBD's Charity Quiz Night on 13th March 2014, which was hosted by thestudio.

The event had 20 participating companies from the business district, with Berrymans Lace Mawer taking the winning prize.

CBD held its third annual Community Games outdoor sports events on 9th May 2014.

Touch Rugby games took place with 23 teams from the local business community. SGH Martineau and Browne Jacobson were the winning teams in their tournaments. A total of £576 was raised through team entry fees for charities, Children's Liver Disease Foundation and the Rape & Sexual Violence Project. The event was supported by Civic Catering who kindly provided complimentary refreshments to the participating touch rugby teams.



DID YOU KNOW?

Interesting facts about the Colmore Business District area



New Market Street, a small street that connects Cornwall Street to Great Charles Street Queensway, used to be the site of a market.



Cornwall Street used to be known as Bread Street, so food has a strong historical relevance to this area, which is now home to three outstanding hospitality venues, Purnell's, Metro Bar & Grill and Opus at Cornwall Street.



In 1802, **Admiral Lord Nelson** came to visit Matthew Boulton – a manufacturer and business partner of Scottish engineer, James Watt, who between them installed hundreds of Boulton & Watt steam engines, making possible the mechanisation of factories and mills. Admiral Lord Nelson stayed in Styles Hotel, located on Temple Row, where House of Fraser stands today.



The Blue Coat Charity School, now on Somerset Road, was located on **Colmore Row**. The original school buildings opened in 1724 on Colmore Row with a view to educating orphan and destitute children of the poor.



Cherry Street's name derives from a once large and fruitful cherry orchard. Originally, it was a footpath that followed a line from Temple Row to High Street through a cherry orchard.



The original buildings of **Colmore Row** were the brick and stucco Georgian houses typical of the late 18th century. The 120 year leases on these properties started to expire in the 1840s and 1850s, and between 1869 and 1900 all were replaced by the late Victorian commercial premises that still give the street its predominant character.



Pitch Consultants select new city centre base

Acting on behalf of AXA, DTZ, together with joint agent Savills, has let space to an award-winning specialist recruitment agency at One Cornwall Street in Birmingham city centre.

Pitch Consultants, specialists in marketing, PR and creative recruitment, has taken 1,700 sq ft of Grade A office space on the sixth floor of the building, located within the city's Colmore Business District.

One Cornwall Street was refurbished to a high standard in 2012 and includes raised floors, air conditioning and LG7 lighting.

Formed in 2007, Pitch Consultants was previously based at the Custard Factory in Digbeth, but required a larger, more centrally located office space to accommodate its expanding team.



Turley delivers University masterplan

Planning consultancy Turley has secured planning approval for a refreshed campus masterplan for De Montfort University.

The updated masterplan was approved by Leicester City Council in April 2014 as part of the implementation of the University's 2012 outline planning permission. This will enable the University to continue the transformation of its campus with a further £90m investment in new sector-leading teaching facilities, student accommodation, support services and new and enhanced public space.

Turley has worked alongside the University Estates team for the past 12 years, producing the original 2004 masterplan. Turley has provided planning, urban design and sustainability advice, helping guide the estates strategy and enabling the delivery of key development projects.

Mills & Reeve scoops top award

Law firm Mills & Reeve's private wealth team has scooped a prestigious industry award.

The firm, which has an office in Colmore Business District, took home the prize for Regional Law Firm of the Year at this year's Citywealth Magic Circle Awards.

Mills & Reeve beat off stiff competition from Bond Dickinson, Cripps Harries Hall, Gordons, JMW Solicitors, Laytons, Michelmores and Turcan Connell to secure the title.

Now in its ninth year, the awards are run by Citywealth, the magazine for global wealth management experts dealing with £20 million+ high net worth clients.

Mills and Reeve's national private wealth team, made up of more than 100 lawyers, advises high net worth individuals, entrepreneurs and professionals on estate planning, including wills, trusts, family investment companies and family charters.

Wesleyan sponsors BIG Bandage campaign

Wesleyan, the Birmingham-based financial services specialist, has been announced as the main sponsor of Birmingham Children's Hospital's BIG Bandage campaign, taking place on 11th July 2014.

BIG Bandage is one of the Children's Hospital's largest fundraising events and Wesleyan, as one of its biggest corporate supporters, is excited to support the campaign for a second year running.

To get yourself and your work colleagues registered to support The BIG Bandage, please visit www.thebigbandage.org.uk.



Birmingham Mail launches 'Pride of Birmingham Awards 2014'

The first ever Pride of Birmingham Awards, celebrating Birmingham's most courageous and inspiring people will take place on Friday 26th September at Town Hall Birmingham.

Television presenter, Gaby Roslin, will be joined by a host of Birmingham celebrities to present awards to local people who have shown outstanding bravery, run phenomenal fund-raising campaigns and gone beyond the call of duty on behalf of others. The awards have been organised in association with Virgin Trains.

Organisers at the Birmingham Mail will be seeking nominations from readers through the newspaper and website at www.birminghammail.co.uk until Thursday 31st July 2014. The winners will receive their awards at the star-studded ceremony at Town Hall Birmingham.



MEET PATRICK FLAVELLE

DIGITAL LIFE SCIENCES



Michele Wilby

Patrick Flavelle works for a company with a very intriguing name – Digital Life Sciences – in Waterloo House, Colmore Business District (CBD). Was Patrick going to be wearing a long white coat and look very studious?

Well, it was time to find out.

Patrick can easily ‘rock’ the studious look and was very sharply dressed – no white coat in sight!

I quickly found out that Digital Life Sciences is leading the market in two clear areas:

Digital Healthcare Delivery - actually delivering healthcare services to patients through digital technologies. This means bringing together an online presence to facilitate patient access, for example through Skype. This is particularly useful as support for long-term conditions such as diabetes.

Digital Healthcare Improvement - supporting healthcare providers, clinicians and staff to interact with people and change the delivery of healthcare for the better.

Patrick’s role is to run a digital education service for Health Education West Midlands (HEWM). A key product is Doctors in Training Online Generic Induction (DITOGI), which provides induction training for new doctors to make them safe and covers such topic areas as infection control, manual lifting, child protection, etc. Over 1,500 new doctors complete the 18 module e-learning course before they start their two years foundation training in acute hospital trusts. Digital Life Sciences is using digital technology to deliver cost-effective and efficient training.

The most interesting item in Patrick’s ‘in-tray’ is a funding application for a dementia training game made to the Regional Innovation Fund in collaboration with Heart of England Foundation Trust. Using on-line gaming approaches of incentives and engagement, they are hoping to develop a training tool for all staff to identify the signs of dementia, rather than the natural ageing process in patients, which will enable early interventions to be put in place.

Patrick has had a varied and interesting career. This started with a career in plant pathology research, which led to 15 years at the BBC as a producer of Country File with John Craven (Newsround anyone? Or is that me just showing my age?), and gardening programmes. Then, there was a spell as a lecturer at Birmingham City University, then back into TV with Maverick making programmes for Teachers TV, which naturally led to Digital Life Sciences.

Patrick is a biker, a 50 something rugby player every Saturday for his local team and an avid vinyl record collector – he has 450! He also collects vintage hi-fi equipment and loves surprising people with the sound quality of vinyl played on his hi-fi. His favourite band is Steely Dan, so he’s a biker and a rocker!

We also talked about the Colmore Business District – Patrick had been part of a team that played in the recent CBD Community Games touch rugby and he firmly believes that playing sport together creates a team spirit, which then translates back into the work place. He loved the sense of community it brought to the area, by bringing together disparate organisations who he feels are rather privileged to work in such a beautiful part of the city. His view of the BID is that it is a collaboration of businesses that, through the levy, can put something back into the business community in which they work and play.

www.digitallifesciences.co.uk



MEET THE DISTRICT

We ask three people who work in the District, "What is your favourite view as you walk to work?"



"Working in the property industry has made me appreciate the history and architecture of buildings. FleetMilne is extremely lucky to be based at 85-89 Colmore Row – a beautiful Grade II listed building. On my way to work, I always ensure I take a detour through the grounds of Birmingham Cathedral and its 'Pigeon Park'. This is definitely my favourite area; not only is the almost 300 year old cathedral picturesque but the views of the classical buildings that surround it are magnificent."

Kirsty Organ

Business Development Executive
FleetMilne Property



"I love walking through Great Western Arcade, especially around Christmas time when it's all decorated. It's great to get a sense of some of the heritage and history of the District in amongst all of the modern offices and shops that surround it. Plus some of the shops in the Arcade are really quirky and interesting, which can often make for finding something unique or different – very useful at Christmas or for birthday presents!"

Charles Rae

Partner
Shoosmiths LLP



"The most interesting part of my journey to work is definitely the last part, the early morning walk from New Street Station to 126 Colmore Row via Victoria Square. The peace and quiet at that time is a complete contrast to the bustle that will soon take over. The Town Hall's resemblance to the Parthenon on the Acropolis in Athens makes me think, not only of blue skies and sunshine, but (working in the stockbroking industry) of the near collapse of the Greek and other Eurozone economies."

Clive Duckitt

Investment Director
Walker Crips Stockbrokers

DAINS: MOVING TO THE DISTRICT



Spencer Wright
Chief Executive
Dains Accountants

Clare Perkins

Dains Accountants moved from Fort Dunlop to 15 Colmore Row in Colmore Business District (CBD) last year. Spencer Wright, chief executive, tells us about the relocation.

"We have taken our time to build the business over the last five to six years, making it ready for a move to the city centre. Our lease was up in 2013 and the timing was right; Birmingham is a great place at the moment, it feels (more than ever) like it has confidence and ambition and we wanted to be part of that.

It has been a really positive move, we have retained all our staff and it has had unanimous approval internally and externally.

The perks of working in central Birmingham are already being felt; our staff members are building their careers, and clients enjoy coming in to see us. The professional community has welcomed us, with companies being generous with referrals, as a direct consequence of us being located in the city centre.

I am a local lad and glad to see Birmingham on the up. Brummies are never happier than when they are up to their eyeballs in swarf, making something rather than talking."

It certainly seems Dains wants to build on that pioneering spirit for the good of the company and Birmingham.

www.dains.com



LAW FIRM WITH A LOCAL HEART TROWERS & HAMLINS



Amardeep Gill and Jeremy Hunt from Trowers & Hamblins

Tahreen Kutub

An international law firm with offices in the UK, Middle East and South East Asia, the Birmingham office of Trowers & Hamblins is certainly one with a local heart. And that's a local heart with care for the local community, as I discovered when I first met members of the team at our charity quiz night in 2012 (indeed Trowers & Hamblins was the winning team that night!).

I visited the firm's offices at 10 Colmore Row to meet with managing partner, Jeremy Hunt, and partner, Amardeep Gill, who both have a Midlands background and went to university in Birmingham. Although the origins of the firm go back more than 230 years, the opening of the Birmingham office in 2011 has been a relatively recent move. "With offices in the north and south of England, we identified a clear geographical gap in the Midlands," Amardeep explained. "Birmingham is important. It is the second largest city, very

accessible for national clients and it means we're close to our key Midlands clients.

"There's also a real energy in the city at the moment and a growing sense of civic pride with huge upcoming developments such as Paradise Forum."

Trowers & Hamblins' national practice areas have teams in each of the UK offices. Jeremy is head of the Birmingham real estate team whilst Amardeep leads the Birmingham public sector commercial team, which launched in April 2014. There are also teams for employment law, housing management, construction, public procurement and commercial litigation within the Colmore Row office. Clients range from numerous Midlands-based housing associations to Aviva Investors and local authorities including Belfast City Council and Wolverhampton City Council.

The office has seen an approximate three-fold increase in employees since opening in July 2011

The office has seen an approximate three-fold increase in employees since opening in July 2011 and has recently taken a second floor at 10 Colmore Row; the partners anticipate a similar level of growth within an even shorter period in the future.

Trowers & Hamblins is also attracting national and international clients to 10 Colmore Row through a series of events held at its offices. Jeremy said, "Not only do we do national and international work from Birmingham, we also hold a series of training events which have attracted clients from across the UK and internationally, helped by the accessibility of Birmingham. We usually choose a topical issue such as affordable social housing, and build an event around it." The offices have also hosted the events of organisations such as the Central Housing Investment Consortium.

Both partners showed a passion for the city and a determination to engage with the local community, which is reflective of the firm itself. Trowers & Hamblins has a strong focus on pro-bono work and CSR and has supported Birmingham Children's Hospital. A couple of members of staff have recently joined CBD's Colmore Chorus choir and Amardeep is in talks with leadership development organisation, Common Purpose, on how the firm can engage with its leadership courses.

I was pleased to hear that Jeremy and Amardeep are also keen to engage more with the activities of Colmore BID. We have many upcoming projects and activities to continue to improve the business district and very much welcome the involvement of Trowers & Hamblins in achieving these.

www.trowers.com



INSIDE LIVERY PLACE WITH JOE CURLETT

Mike Mounfield

Property is one of the staple professional industries in Colmore Business District (CBD) and Livery Place is a substantial office refurbishment right on the boundary with the Jewellery Quarter.

Livery Place is owned and managed by Highcross, a nationwide UK property fund manager with 19 million sq ft of office and industrial premises, 4,500 occupiers and circa £1 billion of assets under management. Mike Mounfield spoke to associate director Joe Curlett...

Tell us a bit about the history of Livery Place?

It was built in 1979 and we bought the building in January 2008; it was only 20% occupied at the time. It's about 75% occupied now with more lettings on the horizon – we could be full in a year. We have extensively refurbished the offices and common spaces, spending about £3 million in the process, bringing the building up to a Grade A standard.

We've created a new reception area, refurbished the lifts, lift lobbies, toilets and showers. Works to the offices include the installation of a brand new ceiling ducted air conditioning system, new micro raised floors, new metal suspended ceilings and new LG7 compliant lighting. The building has been designed with flexibility in mind and as such the refurbished office floors can be split.

What's the most interesting item in your in-tray at the moment?

Starting to work on new investment opportunities. We're a substantial property fund manager with significant assets under management across the UK and will be looking nationally for interesting investment opportunities.

How do you think the property industry in Birmingham differs from other cities?

I think a unique characteristic of the Birmingham commercial property industry is its cohesiveness – the close integration of consultants, landlords and occupiers alike. I worked in London before I started work in Birmingham nine years ago and the difference is stark.

What are your thoughts on the way the commercial property market is developing here?

From the start of this year we've had an improvement in enquiries for office and industrial space, coupled with improved take-up. We seem to be doing more viewings in the city centre than this time last year. I'm cautiously optimistic.

If you hadn't been a Chartered Surveyor, what else do you think you might have been?

I like to dream that I might have been an actor or something that is the complete antithesis of surveying, but probably I would have been something much more mundane!

www.liveryplace.co.uk

ADVICE COLUMN

Curium Solutions provides Five Tips for Managing Change in Your Business

In today's digital world, the pace of change in business and everyday life is unprecedented, meaning business leaders must discover new ways to compete. Here are some tips to help you work through the process:

- 1. Set yourself up for success**
Clearly identify the rationale and benefits of change and allocate resources to ensure you succeed.
- 2. Identify what you're changing**
Ensure it solves the problem and is a clear priority for the business.
- 3. Engage the team**
Articulate what you are doing and why, understand the impacts of the change and take into account how it may affect your people.
- 4. Deliver it**
Effective delivery requires robust and disciplined project management and clearly defined roles and responsibilities with the right levels of sponsorship and support.
- 5. Embed it**
Continually review the changes. Is it accepted and are benefits being realised?

Above all else, focus on your teams and your people, without their support and understanding you are unlikely to succeed!

Andy Dawson
Managing Director, Curium Solutions

Curium Solutions is a change management consultancy based on Newhall Street in Colmore Business District.
www.curiumsolutions.com



a day in the life of...

MARTIN GUEST, MANAGING DIRECTOR OF THE BIRMINGHAM OFFICE OF PROPERTY CONSULTANCY, CBRE



We have recently been instructed on a 80,000 - 100,000 sq ft office requirement for the city centre, which I'm leading on.

"My working day begins at around 6am, when I'll look out of the window and contemplate the journey to work.

I have a variety of options: it's a 10-minute walk to Lapworth station, which takes me to Snow Hill, from where I have a five minute walk to the office on Cornwall Street. If I have to travel to client meetings during the day I may take the car.

Typically I'm at my desk by 7.30 - 8am. There'll be a handful of colleagues in too, but it's generally quiet so I can use this time to catch up on emails and prepare for the day.

I'll usually dedicate an hour or two to internal admin, maybe going through budgets, forecasts and P&L with David Smith, our regional finance director. Sometimes we'll do a conference call with other managing directors across the regional network, or Adrian McStay, our regional chairman. A frequent agenda item is recruitment: we've added a number of senior people to the team in recent months and are planning further hires. I may also meet with our PR consultants, Headline Communications, to discuss editorial opportunities to raise the profile of the office.

Latterly I've needed to devote some time to our upcoming office move. We are aiming to be in new premises at 55 Temple Row by the end of August. I'll get involved in a planning session led by my colleague Ashley Hancox, who has masterminded the move. Our in-house building consultancy team is taking charge of the extensive refurbishment works. It's a tight timescale but

it's tremendously exciting: we'll be the only property consultancy with our own front door in Colmore Business District.

Lunch is a sandwich at my desk, a catch up with colleagues in Metro Bar & Grill or a meal with clients - Opus is a favourite.

Afternoons are generally devoted to client activity. This could be a marketing meeting for one of the office schemes we are advising on, or visiting a prospective client with one of the other teams. We have recently been instructed on a 80,000 - 100,000 sq ft office requirement for the city centre, which I'm leading on, so I may be working on that.

I sit on the Hippodrome Development Trust Board. We meet quarterly but part of my role is to raise awareness of the theatre in the business community. I'm also involved with the Urban Land Institute, sitting on the Midlands' committee. Often I'll make a call or draft an email or two in support of these organisations.

I aim to leave the office around 6.30pm, unless there's a dinner to attend - I generally have one a week, either in Birmingham or London.

If I manage to escape on time, I'm home in time to see my children Josh, 11, and Gemma, 7, and have dinner. If the dog hasn't been walked I'll take him for a run-out along the canal, before returning home for an hour of TV and bed."

www.cbre.co.uk

PRIMITIVO CELEBRATES 18 YEARS

Independent bar and eatery, Primitivo, held a special celebration earlier this year to mark 18 years in business. The party, sponsored by Laurent-Perrier Champagne, was also a joint celebration for owner, Prit Sagoo's birthday.

Located on Barwick Street in Colmore Business District (CBD), Primitivo is a hugely popular dining spot for professionals in the area and has maintained loyal customers throughout the years.

Heledd McBride, a professional working in the area and a guest at the celebration party, told Colmore Life why Primitivo is such a firm favourite for her.

"During my working week, Primitivo is my go-to place for both casual and business lunches and the fact it is just a stone's throw away from my desk is a bonus! The space is light and airy and the atmosphere relaxed with a hint of business district buzz. Prit and her staff are friendly and accommodating; their bar and restaurant menus offer a great variety of delicious food (do try the quiche). The other major selling point for me is the quick service I experience pretty much every time I'm there – if I turn up at 12.30pm I can be out of there by 1pm, having enjoyed a delicious homemade meal. One warning though, it's a popular place and tables fill up quickly so it's best to book ahead, just in case."

www.primitivo-birmingham.co.uk



Prit Sagoo with Steve Brandwood from Laurent-Perrier at the celebration party

PURNELL'S BOOK LAUNCH

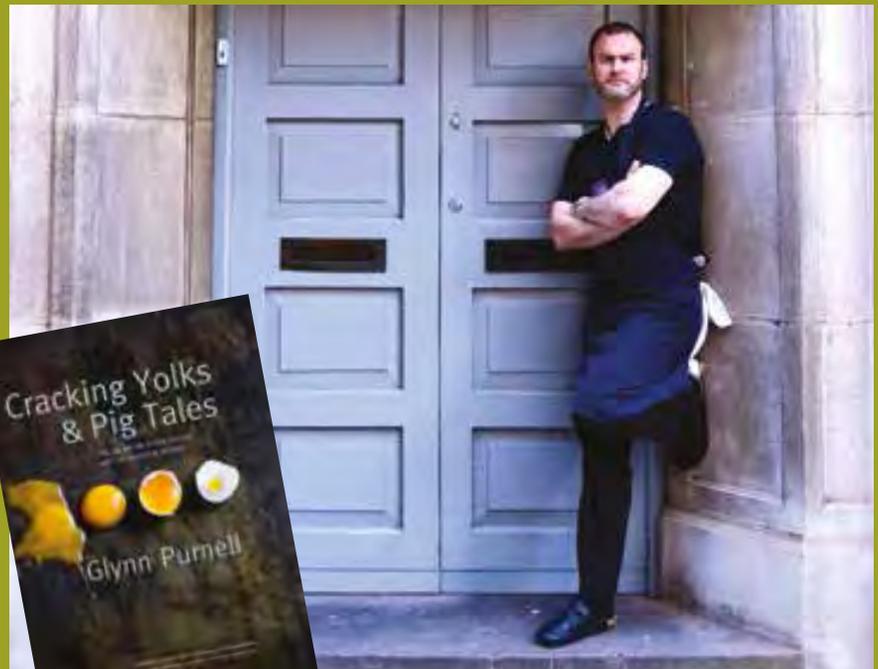
Ever really wanted to know what happens behind the closed doors of a professional kitchen? Michelin-starred chef, Glynn Purnell hosted an exclusive event at Purnell's Bistro & Ginger's Bar to launch his first book, *Cracking Yolks and Pig Tales*.

Guests were treated to gastronomic canapés, as Glynn shared tales of dastardly tricks and hilarious anecdotes, lifting the lid on kitchen life.

Cracking Yolks & Pig Tales is full of Glynn's fondest memories about his career and rise to success, not to mention the 110 recipes to try at home.

"*Cracking Yolks & Pig Tales*" published by Kyle Books is available to buy now.

For more information, visit www.purnellsrestaurant.com



Food Festival

FRIDAY 18th and SATURDAY 19th JULY
11am - 7pm

Victoria Square

The CBD Food Festival is back for the fourth year in July 2014. Organised by Colmore BID, the two day festival showcases and celebrates the excellent food and drink offering in Birmingham's commercial quarter, Colmore Business District (CBD).

Taking place in Victoria Square on 18th and 19th July, 24 venues from the business district will serve tasters of signature menu items, ranging from £1.50 to £5.

It is the only food festival in Birmingham city centre where all participants are local businesses with premises within a 10 minute walk of the event location. Participating venues include a superb array of restaurants, pubs, bars, coffee shops, bakeries and delis.

This year's festival includes new venues which have opened in the area in the last year, including contemporary Indian restaurant Isaacs, bar and deli The Bureau, oriental restaurant Chung Ying Central and craft beer and food experts, Pure Bar & Kitchen.

The festival will also see the return of venues that have participated since the pilot festival in 2011, including the Michelin starred restaurant Purnell's, independent coffee shop Urban Coffee Company, The Old Joint Stock Pub & Theatre, Hotel du Vin and market fresh restaurant, Opus at Cornwall Street.

There will also be a great entertainment programme at the festival including cookery and drink making demonstrations from top chefs, baristas and mixologists in the District. Expect plenty of outdoor theatre, as well as a magician to entertain visitors.

This year's festival will also see performances from The Young REP, the youth theatre company of The REP.

Colmore Chorus, CBD's choir of local business people, will be back to perform at the festival. There will also be plenty of live music for visitors to sit back and enjoy on CBD deckchairs, courtesy of Colmore BID's participation in the Birmingham International Jazz & Blues Festival.

For further information on the CBD Food Festival, visit www.colmorebusinessdistrict.com





Friday 18th July (All scheduled entertainment will take place on the stage in Victoria Square)

Time	Session
11am - 11.40am	Birmingham International Jazz & Blues Festival performance - The Broombusters
11.40am - 12.10pm	Demo kitchen session - JoJolapa Bar & Restaurant
12.10pm - 12.50pm	Birmingham International Jazz & Blues Festival performance - The Broombusters
1pm - 1.05pm	Official opening of event
1.05pm - 1.35pm	Demo kitchen session - Chung Ying Central
1.35pm - 2pm	Colmore Business District's Choir - Colmore Chorus
2pm - 2.45pm	Demo kitchen session - Purnell's and Opus at Cornwall Street
3pm - 4pm	Birmingham International Jazz & Blues Festival performance - C-Jam
4pm - 4.30pm	Demo kitchen session - Asha's Contemporary Indian Bar & Restaurant
4.45pm - 5.15pm	Demo kitchen session - Ginger's Bar
5.30pm - 6pm	Demo kitchen session - The Bureau
6pm - 7pm	Birmingham International Jazz & Blues Festival performance - Rudy & The Revolvers

CBD
Food Festival
2014
Entertainment
Schedule

Saturday 19th July (All scheduled entertainment will take place on the stage in Victoria Square)

Time	Session
11am - 11.40am	Birmingham International Jazz & Blues Festival performance - Teens Jazzband Velke Losiny
11.40am - 12.10pm	Demo kitchen session - The Bureau
12.10pm - 12.50pm	Birmingham International Jazz & Blues Festival performance - Teens Jazzband Velke Losiny
1pm - 1.45pm	Demo kitchen session - Purnell's and Opus at Cornwall Street
2pm - 2.30pm	Colmore Business District's Choir - Colmore Chorus
2.30pm - 3pm	Demo kitchen session - Chung Ying Central
3pm - 4pm	Birmingham International Jazz & Blues Festival performance - University of Southern Florida Jazztet
4pm - 4.30pm	Demo kitchen session - Ginger's Bar
4.45pm - 5.15pm	Demo kitchen session - JoJolapa Bar & Restaurant
5.30pm - 6pm	Demo kitchen session - The Jekyll & Hyde
6pm - 7pm	Birmingham International Jazz & Blues Festival performance - New Orleans Jump Band



CBD FOOD FESTIVAL 2014

PARTICIPANT LISTING

1. Purnell's (B2)

0121 212 9799
www.purnellsrestaurant.com
55 Cornwall Street, Birmingham, B3 2DH

1. Purnell's Bistro (B3)

0121 200 1588
www.purnellsbistro-gingers.com
11 Newhall Street, Birmingham, B3 3NY

2. The Centenary Lounge (C1)

0121 633 4274
www.centenarylounge.com
Snow Hill Station, Birmingham, B3 2BJ

3. Opus at Cornwall Street (B3)

0121 200 2323
www.opusrestaurant.co.uk
54 Cornwall Street, Birmingham, B3 2DE

4. Yorks Bakery Cafe (B4)

0121 236 8090
www.yorksbakerycafe.co.uk
1 Newhall Street, Birmingham, B3 3NH

5. Isaacs Contemporary Indian Dining (C4)

0121 212 1020
www.isaacsrestaurant.co.uk
7 Bennetts Hill, Birmingham, B2 5ST

6. The Old Joint Stock Pub & Theatre (C4)

0121 200 1892
www.oldjointstock.co.uk
4 Temple Row West, Birmingham, B2 5NY

7. All Bar One (B3)

0121 212 2551
www.allbarone.co.uk/all-bar-one-newhall-street-birmingham
43 Newhall Street, Birmingham, B3 3NY

8. The Old Contemptibles (C2)

Nicholson's Pubs
0121 200 3310
www.nicholsonspubs.co.uk/
theoldcontemptiblesedmundstreetbirmingham
176 Edmund Street, Birmingham, B3 2HB

9. Chung Ying Central (B4)

0121 400 0888
www.chungyingcentral.co.uk
126 Colmore Row, Birmingham, B3 3AP

10. Metro Bar & Grill (B3)

0121 200 1911
www.metrobarandgrill.co.uk
73 Cornwall Street, Birmingham, B3 2DF

11. Pure Bar & Kitchen (B4)

0121 237 5666
www.purebarandkitchen.com
30 Waterloo Street, Birmingham, B2 5TJ

12. Hotel du Vin (C3)

0844 736 4250
www.hotelduvin.com/locations/birmingham
25 Church Street, Birmingham, B3 2NR

13. Ginger's Bar (B3)

0121 200 1588
www.purnellsbistro-gingers.com
11 Newhall Street, Birmingham, B3 3NY

14. Bushwackers (B3)

0121 236 4994
www.bushwackers.co.uk
Lower Ground Floor & Basement, Exchange Building, 103 Edmund Street, Birmingham, B3 2HZ

15. JoJolapa Bar & Restaurant (B3)

0121 212 2511
www.jojolapa.co.uk
55-59 Newhall Street, Birmingham, B3 3RB

16. The Square Peg (E3)

0121 236 6530
www.jdwetherspoon.co.uk/home/
pubs/the-square-peg
115 Corporation Street, Birmingham, B4 6PH

17. Hindleys Bakery (E2)

0121 236 2886
www.hindleys-bakers.co.uk
Fountain Court, Steelhouse Lane,
Birmingham, B4 6DR

18. Asha's Contemporary Indian Bar & Restaurant (B3)

0121 200 2767
www.ashasrestaurants.com/birmingham
Edmund House, 12-22 Newhall Street,
Birmingham, B3 3LX

19. Urban Coffee Company (C3)

0121 236 0207
www.urbancoffee.co.uk
30 Church Street, Birmingham, B3 2NP

20. The Bureau (B4)

0121 236 1110
www.thebureaubar.co.uk
110 Colmore Row, Birmingham, B3 3AG

21. Chi Bar & Restaurant (B3)

0121 233 3150
www.chibar.co.uk
61 Newhall Street, Birmingham, B3 3RB

22. Costa Coffee (D3)

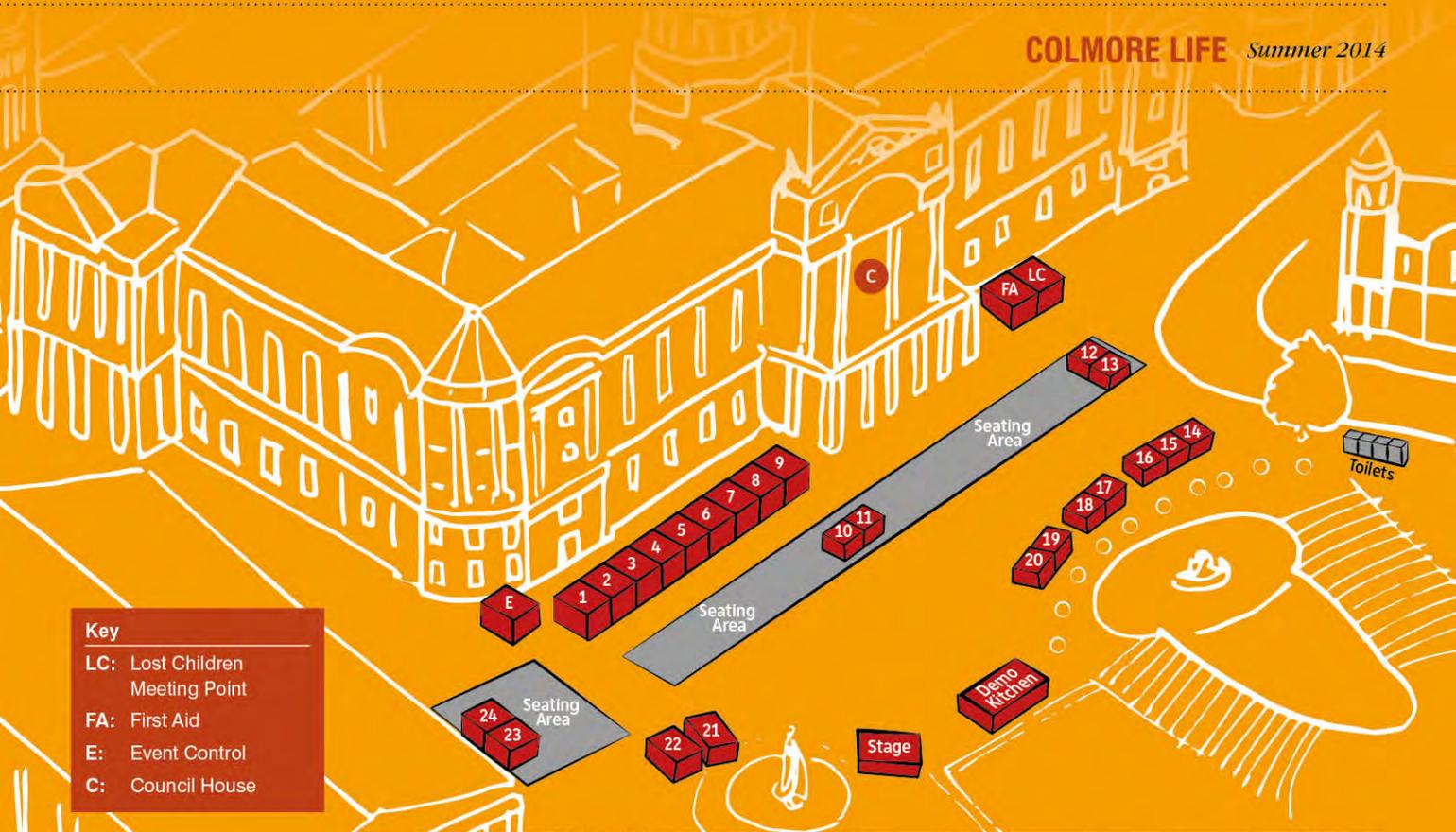
0121 233 3041
www.costa.co.uk
9 Colmore Row, Birmingham, B3 2BJ

23. Edmunds Lounge Bar (B3)

0121 200 2423
www.edmundsbar.co.uk
106-110 Edmund Street, Birmingham, B3 2ES

24. The Jekyll & Hyde (E2)

0121 236 0345
www.thejekyllandhyde.co.uk
28 Steelhouse Lane, Birmingham, B4 6BJ



Key

- LC: Lost Children Meeting Point
- FA: First Aid
- E: Event Control
- C: Council House



Birmingham International Jazz & Blues Festival in CBD

LOCATIONS

- 1 Snow Hill Station Square
- 2 Church Street Square
- 3 Birmingham Cathedral Grounds
- 4 Victoria Square
- 5 Colmore Square

For a full listing of the performances throughout the Birmingham International Jazz & Blues Festival in CBD, see page 17.

The upper visual shows the layout of the CBD Food Festival in Victoria Square (each participating venue is listed on the left hand page next to its stall number). The bottom visual shows the location of each venue in Colmore Business District, pinpointed by its stall number.

BIRMINGHAM INTERNATIONAL JAZZ & BLUES PERFORMANCES IN COLMORE BUSINESS DISTRICT

Live Jazz & Blues music will once again animate the outdoor spaces of Colmore Business District (CBD), as the Birmingham International Jazz & Blues Festival comes to the District in July. CBD will be hosting live performances in the District for the sixth consecutive year from Friday 18th to Friday 25th July as part of the city wide festival, which will take place from 18th to 27th July. Enjoy the music whilst relaxing on a CBD deckchair!

www.colmorebusinessdistrict.com
www.birminghamjazzfestival.com

The Broombusters

The Broombusters deliver a unique fusion of blues and reggae, matching rhythmic reggae basslines with gritty blues chords to create an original sound. The band takes influences from Bob Dylan, Elmore James, Jimi Hendrix and Muddy Waters, combined with reggae and good old-fashioned rock'n'roll.



C-Jam

C-Jam's repertoire is large and varied, ranging from cool jazz sounds to stomping blues / R&B and soul favourites. Brian Wilson (lead guitar and vocals) spent many years with the Gibbons Band, touring the States and supporting The Who, and worked with the Ruby Turner Band for a number of years.



Rudie & The Revolvers

Ska and Soul tribute band, Rudie & The Revolvers will work you into a sweat, making sure you come back for more. The band have been together for 18 months, playing all around the country.



Teens Jazzband Velke Losiny (Czech Republic)

Velke Losiny is the town in the Czech Republic where it all began for the Teens Jazzband in 2002. Many top Czech musicians, including Petra Ernyei, well known to Birmingham festival audiences, have guested with the band which has released four CDs.



University of South Florida Jazztet (USA)

The USF Jazztet is an exciting performance ensemble featuring Jazz Studies students and faculty members from the University of South Florida School of Music. The group perform a variety of jazz music - from classic jazz to modern originals written by members of the group.



New Orleans Jump Band (Spain)

Banjo and Harmonica player, Mike Izatt, has lived in Spain for 30 years, forming the New Orleans Jump Band in 1990. Performing robust dixieland jazz, the band has musicians from Sweden, UK, Germany and Argentina.



Backyard Music Boys

Four piece acoustic band that is intent on capturing the excitement and verve of 1920s / 1930s hot jazz. Lining up with clarinet, trumpet, sousaphone and banjo, they are equally comfortable strolling or static onstage.



Bostin Brass

Birmingham's own Bostin Brass serve up New Orleans second-line shuffles, South American claves and classic funk backbeats in a melting pot of horns and drums. Gumbo with added HP sauce!

The Jazz Ramblers

Banjo / guitar player Brian Mellor gathers a group of like-minded musicians for a programme of good time jazz, loosely based on the music of the 1930s and 1940s, with the emphasis on variety and entertainment.



Kansas Smitty's Big Four

The Big Four's unique combination of trumpet, soprano sax, clarinet, guitar and bass, separates the group from traditional Dixieland groups with the omission of drums and piano. This streamlined formation allows the band to navigate New Orleans and swing standards with unparalleled energy and tightness while maintaining the melodic integrity of the canon.



Saxitude (Luxembourg)

Formed in 2003, Saxitude is a saxophone quartet with a unique sound. Original compositions of jazz and improvised music are included in their repertory. Since 2003 the band has played a lot of concerts in Germany, Luxembourg, France, Switzerland and also in Slovenia, Czech Republic, Thailand and China.



Potato Head Jazz Band (Spain)

The Potato Head Jazz Band consists of six musicians from around the world and has performed in many notable jazz clubs and festivals. The band's live shows are full of energy and highly participative, with the origins and influences of each musician coming through very clearly.



Becky Brine

Becky kick-started her jazz singing career by busking and still goes out to windy boulevards and sings to passers-by, finding it a great rehearsal space and a good excuse to dress-up in top hats and cocktail dresses! Becky has received radio airplay on the BBC, Phonic FM, Soundart Radio and Gemini FM.



Date	Time	Performance	Location (see map on page 15)
Friday 18th July - CBD Food Festival	11am - 11.40am	The Broombusters	Victoria Square
Friday 18th July - CBD Food Festival	12.10pm - 12.50pm	The Broombusters	Victoria Square
Friday 18th July - CBD Food Festival	3pm - 4pm	C-Jam	Victoria Square
Friday 18th July - CBD Food Festival	6pm - 7pm	Rudy & The Revolvers	Victoria Square
Saturday 19th July - CBD Food Festival	11am - 11.40am	Teens Jazzband Velke Losiny (Czech Rep)	Victoria Square
Saturday 19th July - CBD Food Festival	12.10pm - 12.50pm	Teens Jazzband Velke Losiny (Czech Rep)	Victoria Square
Saturday 19th July - CBD Food Festival	3pm - 4pm	University of Southern Florida Jazztet (USA)	Victoria Square
Saturday 19th July - CBD Food Festival	6pm - 7pm	New Orleans Jump Band (Spain)	Victoria Square
Monday 21st July	12pm - 2pm	Backyard Music Boys	Birmingham Cathedral Grounds
Monday 21st July	5pm - 6.30pm	Bostin Brass	Church Street Square
Tuesday 22nd July	12pm - 2pm	Bostin Brass	Birmingham Cathedral Grounds
Tuesday 22nd July	5pm - 6.30pm	The Jazz Ramblers	Snow Hill Station Square
Wednesday 23rd July	12pm - 2pm	Kansas Smitty's Big Four	Colmore Square
Wednesday 23rd July	5pm - 6.30pm	Kansas Smitty's Big Four	Church Street Square
Thursday 24th July	12pm - 2pm	Saxitude (Luxembourg)	Birmingham Cathedral Grounds
Thursday 24th July	5pm - 6.30pm	Saxitude (Luxembourg)	Snow Hill Station Square
Friday 25th July	12pm - 2pm	Potato Head Jazz Band (Spain)	Colmore Square
Friday 25th July	5pm - 6.30pm	Becky Brine Rhythm Boys	Snow Hill Station Square

THEATRE REVIEW

A PASSION FOR BIRMINGHAM

Jonathan Bryce

To mark Easter, The Old Joint Stock Theatre put on “A Passion for Birmingham”, a modern reworking of the final days of Jesus which maps his move into the public limelight, his betrayal, his death and ultimate rebirth. Jonathan Bryce attended a performance to witness the resurrection of a classic tale of rebirth.

“I had been meaning to attend a play at The Old Joint Stock Theatre for some time. I kept hearing good things and I was looking forward to the opportunity to experience this unusual theatre venue, located above The Old Joint Stock Pub on Temple Row West.

I was therefore slightly surprised when, on arrival, I was given a bag and asked to head out into the Cathedral Grounds. This was the beginning of a fantastic performance that would around the theatre, Birmingham Cathedral and the adjacent streets and buildings.

This adaptation was set firmly in modern-day Birmingham. The story retained all of the important classical elements, weaving them seamlessly into today’s city.

The audience was quite literally led through the final moments of the life of Jesus. From a festival in the Cathedral Grounds and arrests in the beer garden of The Old Joint Stock, to a political rally in The Wellington real ale pub, the audience (and spectators) were fully immersed in the story at all times, giving a truly unique theatrical performance.

A talented supporting cast who took on various different roles, including chaperoning the audience, ably supported a strong cast of main characters. Members of the cast were interspersed with the audience through most of the scenes, ensuring that you were totally immersed in the story.

I thoroughly enjoyed this adaptation of the story of Easter and would have been happy to watch it on the conventional stage. The use of various locations, however, really added an extra dimension to the experience, one that I would highly recommend.”

For the latest theatre listings visit:
www.oldjointstock.co.uk



Cast members from “A Passion for Birmingham”

WORKPLACE WORKOUT



Dance has been high on the agenda so far this summer as Colmore Business District (CBD) has been working with DanceXchange (dx) and making the most of International Dance Festival Birmingham (IDFB). The festival took place from 24th April to Sunday 25th May. A lively Haka workshop was held for employees in the District during the festival, led by Corey Baker from New Zealand. The Haka is best-known as the All Blacks pre-match rugby ritual and participants had fun learning a little about Maori culture whilst getting into the IDFB spirit.

In June and July, CBD is taking a lead in promoting healthy lifestyles and helping local employees to improve their fitness and well-being, by providing a programme of Workplace Workout sessions in partnership with dx. The Workplace Workout sessions comprise of three lunchtime Pilates sessions and three after-work Street Dance tasters. Dance is a great way to unwind after a hard day’s work as well as improving energy levels. For those who really get the dance bug, there is always a welcome at DanceXchange’s city centre studios where there are more than 20 adult dance classes to choose from each week.

For further information about Workplace Workout Sessions in Colmore Business District, contact Jonathan Bryce: jonathan-b@colmorebusinessdistrict.com / 0121 236 0269. To find out more about DanceXchange, visit www.dancexchange.org.uk

CROSSING THE BRIDGE

SCULPTURE TRAIL IN BIRMINGHAM

23RD JUNE TO 23RD AUGUST



Two hundred years ago Birmingham born artist, Samuel Lines, built and lived in No. 3 Temple Row West, opposite St. Philip's Cathedral, now Birmingham Cathedral. There he established a school teaching the practical techniques of drawing and industrial design necessary for the city's industrial growth. Now a blue plaque on the building and Lines' tombstone in the Cathedral graveyard are the only reminders of this venture.

In 1814, Lines was also instrumental in setting up the Birmingham Academy of Arts, the fore-runner of the Royal Birmingham Society of Artists (RBSA), now housed in a gallery in Brook Street just off St. Paul's Square in the Jewellery Quarter.

As part of the RBSA's bicentenary celebrations, a Sculpture Trail has been created for the summer, linking Colmore Business District (CBD) to the Jewellery Quarter. The sculptures will be on show from 23rd June to 23rd August. The trail will feature work by RBSA members in 17 venues including Birmingham Cathedral and the RBSA Gallery. The aim of the trail is to highlight sculpture as an art form and to encourage visitors to 'Cross the Bridge' and visit two vibrant areas of Birmingham City Centre.

Starting with a sculpture in Birmingham Cathedral, whose stained glass windows were designed by a former RBSA president, Edward Burne-Jones, a further eight venues in CBD along Church Street are part of the trail. A free leaflet will be available from the venues guiding the visitor along the trail. On Church Street, Hotel du Vin will host its own mini-exhibition in the foyer and courtyard. Sculptures can also be found in Utopia Bar, the window of Clements & Church and inside cafes, Home is Where and Urban Coffee Company.

Crossing Edmund Street, Rutland House will host sculptures in its foyer. No. 45 Church Street will showcase work in its entrance hall and Embassy House will display sculptures in its front lobby.



The trail will feature work by RBSA members in 17 venues including Birmingham Cathedral and the RBSA Gallery.

Participating venues in the Jewellery Quarter include St. Paul's Church, St. Paul's Place foyer and the restaurants, Cucina Rustica and Locanta on Ludgate Hill. Most of the sculpture is for sale through the gallery.

There will be two 'Making Sculpture Demonstrations' in Church Street Square on Friday 27th June and Thursday 10th July, between 12pm - 2pm. A further two demonstrations will take place in the square outside Birmingham Cathedral on Friday 4th July from 12pm - 2pm and on Thursday 17th July from 4pm - 6pm.

Exclusively for employees in CBD, two free guided trail walks have been arranged for Tuesday 1st July and Wednesday 16th July from 12.30pm - 1.30pm, which will be led by a participating sculptor. To reserve a place, please contact the RBSA gallery on 0121 236 4353 or email rbsgallery@rbsa.org.uk.

The trail is mainly funded by Arts Council England, CBD and the Jewellery Quarter BID.

www.colmorebusinessdistrict.com
www.rbsa.org.uk



THE MUSIC FOR YOUTH NATIONAL FESTIVAL IS COMING TO COLMORE!

Colmore Business District (CBD) has partnered with national charity, Music for Youth (MFY), to bring a celebration of music performed by talented young musicians to the business quarter.

From Thursday 8th to Saturday 12th July, the MFY National Festival comes to Colmore Business District. You can catch lunchtime pop-up performances on the 'CBD Stage' in outdoor and indoor locations in the business district as part of the Festival Fringe – new for the MFY National Festival in 2014.

Performances are free of charge to watch and will feature talented young musicians, aged 21 and under from all over the UK.

The MFY National Festival comes to Birmingham every year, and welcomes over 8,000 young musicians to perform an eclectic mix of music in multiple venues across the city. Judith Webster, MFY chief executive said, "This year, the National Festival is celebrating 10 years in Birmingham. During this time we have built strong partnerships with a range of cultural venues and organisations within the city such as Symphony Hall, Town Hall and the Birmingham Conservatoire."

MFY delivers a range of music festivals, concerts and events for a wide range of young people to showcase the diversity of their music and it's free to take part. MFY works with some of the UK's leading concert halls to give many young musicians an unparalleled performance experience in professional concert hall settings.





“I would encourage people to get involved in the festival and try something new. There’s lots of things happening throughout the week in addition to our musical performances.”

The MFY National Festival in Birmingham features five days of music making with around 300 groups performing throughout the week in some of the city’s iconic cultural venues.

Judith told Colmore Life that the MFY National Festival has had a really successful 10 years in Birmingham and so they are taking the opportunity to shout about this fantastic festival to new audiences across the city. She said the new partnership with CBD means MFY can give more young musicians the opportunity to perform in the festival.

This year’s CBD Stage will feature a series of pop-up gigs throughout the week, giving everyone the chance to enjoy music and be part of the festival. From folk to classical and world music to jazz, the programme will have something for everyone to enjoy.

“I’m really excited about this new addition to Colmore Life” said Jonathan Bryce from CBD. “Personally, I’m a massive fan of live, outdoor music, and I think the opportunity to host this stage in CBD is a fantastic one. It’s great to be able to put on an exciting programme of talented musicians for our businesses to enjoy. The fact that it helps to promote the wealth of young talent that we have in the region and across the country makes it even better.”

Judith spoke about what makes Birmingham a great host for the festival: “Birmingham is a wonderful host city for our National Festival. It is youthful, full of energy, and its commitment to the arts is clearly evident through the support we enjoy from local partners. Birmingham’s rich cultural mix is one of its attractions and we look forward to celebrating this on the CBD stage as part of our Festival Fringe.

“I would encourage people to get involved in the festival and try something new. There’s lots of things happening throughout the week in addition to our musical performances. So come along, bring your family and friends, and we look forward to welcoming you!”

Each day will showcase a different style of music from classical to modern and international music. For a full programme of events, venues, and artist profiles, visit www.colmorebusinessdistrict.com

For more information on the MFY National Festival 2014 and the Festival Fringe, visit www.mfy.org.uk/national

The festival in CBD is being supported by The Wisdom Factory CIC. For further information, visit www.thewisdomfactory.org

TRANSFORMATIONAL CHANGE IN CBD!

Mike Mounfield

Rob Valentine is the Birmingham head of office for Bruntwood, a family-owned and run property company that specialises in creating office space, serviced and virtual offices, meeting rooms and retail premises. When he's not doing that, he can often be found long-distance running or cycling. Somehow he's also managed to fit in being a Board member of Colmore Business District (CBD), recently becoming vice chair.

Rob takes no less care of his appearance than most of us but he nevertheless jumped at the chance to be the subject of a make-over by two of CBD's leading providers in the male grooming stakes: Benjamin Ryan Hair & Beauty on Edmund Street and Clements & Church, the bespoke tailors on Church Street. Mike Mounfield tagged along.



Rob eventually opted for a mid-blue hand-stitched three-piece with an orange-and-white checked shirt

Getting Ahead

Rob was booked in for his hair cut with joint managing director, Ryan Parsons, at **Benjamin Ryan**. Ryan soon put Rob at ease and discovered a shared interest in cycling. Rob's hair was quite short to start with, but in Ryan's experienced hands and with judicious amounts of Thickfy Foam and Craft Clay (both by Sebastian) a new man started to emerge.

Rob was handed over to Sam, style director at the salon, for a luxury traditional cut throat shave. Sam took great care, not just with the razor, but with all the detailed pampering that goes with this most traditional of men's grooming rituals. Rob emerged with the closest shave of his life. In a good way, obviously!

Clothes Make the Man

So goes the quote from Mark Twain, though he did go on to say: "Naked people have little or no influence on society." We were hoping we could get Rob a bit further along than that. After all, he arrived in the morning wearing something. We were greeted by tailors Matty Katerzabek and Aaron Foster who were soon putting Rob at ease, surrounded by some of the most wonderful clothes available to the Birmingham businessman.

Though you can buy a sober suit from **Clements & Church**, their characteristically bold designs and accessorising are legendary in our District and any businessman who wants to stand out from the crowd should consider putting himself in their hands. Rob eventually opted for a mid-blue hand-stitched three-piece with an orange-and-white checked shirt and suitably complementary tie and pocket square. Appropriately shod, the new Rob was complete.

*Rob Valentine:
Model Businessman*

We didn't take some dishevelled guy and pass him through the expert hands at Benjamin Ryan and Clements & Church. We took a normal Birmingham businessman and did it. And yet Rob himself was the first to admit that he felt transformed:

*"I feel like a million dollars,
like I could achieve almost
anything."*

Not bad for a morning spent visiting two of CBD's independent specialists in making us chaps look – and feel – amazing. Judge for yourself.

BENJAMIN.RYAN

Benjamin Ryan Hair & Beauty
e. info@benjaminryanhair.co.uk
t. 0121 236 6600
w. www.benjaminryanhair.co.uk

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THE DEMONS OF TUNE

Michele Wilby



The last time I had seen Rick Smyth from Wilkes Partnership and Pat Pryce from BNP Paribas, was from a dance floor; their faces were a blur as I truly had my dancing shoes on that night! Today was a little more sober, well as sober as it can be with these two!

Which brings me to what they do when they, along with others in the business community, are not being lawyers, accountants, bankers - they are in a band called The Demons of Tune, who play only at charitable events.

So, how did this all start? "It is all Harry's fault really," said Rick, referring to the late great Harry Jeavons-Fellows, one of the larger than life figures in the Birmingham professional community. "He thought the band, who were playing at an event at the Botanical Gardens, were rather average and decided (of course) that he could do better. In 2000 he put together a motley group of volunteers from the business community and the 'Mix and Match Band' was born."

Rick explained: "Harry would change the band's name every year to something daft. I recall one year we were called 'Harry and the Funking Bar Stewards'. The year he tragically died (at the age of 39) we were 'Harry and the Demons of Tune' and the name stuck." Pat and Rick paid tribute to the late Harry Jeavons-Fellows who they described as enthusiastic and witty, acknowledging that without his ingenuity the band would not exist.

The band play at least one charity gig a year and have raised a remarkable £250,000 for charity. Some of the charities they have supported are Mencap, Cure Leukemia and Birmingham Children's Hospital. At their Movember gig they raised an incredible £25,000 by getting 100 blokes signed up to grow 'tashes.

They like to play songs that people want to listen to, everything from Abba to The Zutons and Motown to Motorhead!

I had seen the band when they were supporting Lee Kemp in his fundraising for Birmingham Children's Hospital. Many of you will know that Lee is director of Vermillion Films. Lee had taken part in the Marathon De Sables, a grueling 156 miles long, and the weather is a tad warm at 48 degrees Celsius! It did not go as planned and Lee was airlifted by helicopter to hospital at the finishing line on the second day. It was serious for a while as Lee contracted pneumonia, and spent days in a coma. Lee is continuing with the fundraising to reach his target.

Well, it had been a most entertaining Friday morning with Pat and Rick, and Pat's closing comment to me was playing in the band is, "The best fun you can have with your clothes on!" I really had no answer to that!

If you would like to help Lee in meeting his fundraising target, please visit Lee's Just Giving page: www.justgiving.com/leekempmds2014

www.demonsoftune.net

WIN!

Birmingham's Town Hall holds a range of fantastic shows all year round. They are giving one of our readers the chance to win a pair of tickets to see Jason Byrne in You Name The Show on Saturday 22nd November at 8pm. To enter, simply answer the following question:

Music For Youth holds an annual festival. How many years have they been running it in Birmingham?

Please email your answer to jonathan-b@colmorebusinessdistrict.com by 22nd August 2014 to be in with a chance of winning.

Terms and Conditions

The winner of the competition will be entitled to two tickets to see You Name The Show on 22nd November 2014 at 8pm. The prize is non-transferable and no cash alternative is offered.

The winner will be chosen at random from all correct entries. The winner will be announced in the next issue of Colmore Life.



SPRING EDITION'S COMPETITION WINNER

In our last edition, we asked which luxury hotel inspired the interior design of Indian restaurant, Isaacs. The answer was The Savoy. The lucky winner of a meal for two at Isaacs Contemporary Indian Dining was Dr Diana Wardley, from Forresters.



TUNNEL CLOSURES THIS SUMMER

Essential work to bring the A38 St Chad's and Queensway tunnels through Birmingham up to modern European standards will be completed this summer.

The tunnels, which carry up to 85,000 vehicles a day through the heart of the city, will be closed to all traffic from 10pm on Friday 18th July until 6am on Monday 1st September.

The final stage of the refurbishment will also include overnight closures, from 10pm to 6am, two weeks before and up to four weeks after the block closure.

The 40 year-old tunnels were closed last summer while the first phase of the works was carried out, with businesses encouraged and helped to prepare in advance.

Regular commuters into the city centre were advised to leave their cars at home and use public or sustainable transport options to help relieve the pressure on traffic. Employers were provided with leaflets, posters and city

centre destination maps, a dedicated website was set up and events were held across the city to distribute information and advice. Bus and rail companies also put measures in place to ensure they could cope with the increase in passengers over what is normally a quieter time of year.

This year, Amey, who are working in partnership with Birmingham City Council to carry out the works, are once again offering support to the business community, with the help of the public transport operators.

"Like last year, we will have resources available to businesses to help them inform their staff and customers," explained Amey's Highways Network Manager, Eddie Fellows. "Evidence from last year's closures suggests that people still came into the city centre but they chose to travel differently, with over 200,000 additional journeys made on public transport. This year we could see significant disruption to the network unless we achieve a similar change in behaviour."

ADVICE TO BUSINESSES

- Leaflets and noticeboard posters can be downloaded from www.brumtunnels.co.uk
- Encourage staff to use public and sustainable transport by promoting corporate travel schemes or company cycling initiatives.
- Ensure visitors are made aware of the closures. Destination maps can also be downloaded from the brumtunnels website.



A38 TUNNELS CLOSURES

Need to know info

- The tunnels will be completely closed to all traffic from 10pm on Friday 18th July until 6am on Monday 1st September.
- The works will also include overnight closures, from 10pm to 6am, two weeks before and up to four weeks after the block closure.
- Over 200,000 additional journeys were made on public transport during the closures in 2013. This will still be the best way to travel in summer 2014.
- If you have to drive, use the signed alternative routes to avoid the worst delays.
- For more information visit the dedicated website, www.brumtunnels.co.uk



“HEART AND SOUL SUPPORT FOR BUSINESS PEOPLE”



ChaplaincyPlus may already be a familiar name to you if you are one of the many people who visit Birmingham Cathedral for the ever popular Carols for the Business Community.

This key seasonal event is organised by ChaplaincyPlus, which also plays an important part in Colmore life throughout the year with its support services.

If you found out one of your colleagues is in crisis, either personally or professionally, what do you do? Who do you turn to?

Well you could refer them to ChaplaincyPlus, based on Colmore Row. ChaplaincyPlus offers a free service, meeting with individuals across the Colmore Business District community to support and encourage them in their work and life.

Steve Bavington (pictured) leads ChaplaincyPlus and heads up a small team of individuals who have all worked in business and are aware of the pressures of everyday work and family life.

Although Steve and his team are Christian chaplains, they can help people of all faiths, or no faith, by offering a listening ear and by being both non-judgmental and impartial. ChaplaincyPlus, an independent charity, also organises and promotes opportunities for gathering and networking. For example, they partner with Birmingham Cathedral to run a weekly talk located at the cathedral between 1.10pm and 1.40pm every Tuesday.

There are many ways to get in touch: visit the website www.chaplaincyplus.org.uk; email steve.bavington@chaplaincyplus.org.uk; or phone 0121 236 9742. Or email Steve to sign up to their monthly update emails to keep abreast of relevant news and events in Birmingham. They are there for you and for your colleagues!

ChaplaincyPlus offers a free service, meeting with individuals across the Colmore Business District community to support and encourage them in their work and life.

THE PRIORY ROOMS - AFTER HOURS!

The Priory Rooms is a not-for-profit meeting and conference centre on Bull Street in Colmore Business District.

Central England Quakers established the venue a decade ago. The business remains committed to providing affordable Birmingham city centre meeting space for holistic and community groups.

During the week, the venue is a hive of activity with conferences, training sessions, seminars and team meetings. But as one last biscuit is grabbed on the way out and sheets of flip chart paper are folded up, the evening groups arrive!

Regular sessions include Ashtanga Vinyasa Yoga on Wednesday evenings and Hatha Yoga on Thursday evenings, run by Ashtanga Yoga teacher, Tony Wilmot, in the tranquil 1930s Quaker Meeting House.

The City of Birmingham Choir uses the Quaker Meeting House to rehearse on Tuesdays. The permanent piano and acoustics of the room makes a great space for singing groups to practise. On Saturdays, The Priory Rooms is open from 9am to 5pm, helpful for those who cannot meet during the week.

To find out more about The Priory Rooms, visit www.theprioryrooms.co.uk



THE BIRMINGHAM & MIDLAND INSTITUTE

Clare Perkins

The Birmingham & Midland Institute (BMI) was established in 1854 by an Act of Parliament and is a registered charity. Its aim is “Diffusion and Advancement of Science, Literature and Art amongst all classes of persons resident in Birmingham and the Midland counties.”

It is very proud of its heritage and what it has contributed to Birmingham over the years. In some ways it is the distinguished predecessor of the larger local state funded universities and continues to provide educational and cultural activities in a beautiful building on Margaret Street in Colmore Business District.

The place is a rabbit warren with staircases and corridors full of large doors, which tempt you to open them and peek to see what is on the other side. It contains offices for organisations that reflect the remit of the BMI and help to fund it, which allows the BMI to concentrate on its primary activities of which there are many. Where else in the city could you attend a lecture series with a subject

range as diverse as the environmental impact of nuclear weapons, artistic interpretations of ballets and a history of Moseley Baths?

The BMI is planning for the future and is hoping to work more closely with local academic institutions aiming to co-operate and enlarge their offering. This is a natural fit and feels as though the BMI would be coming full circle, especially when you consider one of its biggest assets is its library, for which the building was originally built, and today comprises over 100,000 books from the 18th Century to present day.

Philip Fisher, the administrator, describes himself as the “grey man in the background” and whilst he may think this, there is a wily glint in his eye that tells you he is always thinking about the next move and the future for the BMI staying true to the aims of ‘advancement’. The BMI may be old but it never stops moving.

www.bmi.org.uk



BIG BRUM OPEN TOP BUZ SIGHTSEEING TOUR

From chocolate, custard, cars, whistles and bangles to the best in the world for science, medicine, education, culture, sport and art – Birmingham has it all.

Offering a live, guided and exciting adventure through the UK’s second city, “the Brummagem tour” explores and highlights the global city with a local heart. Following the road to the unique Jewellery Quarter, (which really emphasises why Birmingham was known as the city of a thousand trades in Victorian times), we travel along Broad Street, the Golden Mile with the Golden Boys. Picking up the highway to leafy Edgbaston (home of the University of Birmingham) we link up with the Tolkien trail and the world famous Cardinal Newman Oratory. Finally, entering the city through the Eastside extravaganza we get the full panoramic view of the Bullring shopping complex with the iconic building of Selfridges.

Tour times: 10.30am, 12.30pm and 2.30pm every weekend from April to September 2014 (except for the first Sunday of the month when we operate as the Museum Heritage Bus). Departure Point: end of Colmore Row, Victoria Square.

The Big Brum Open Top Buz is also available for private hire all year round.

www.birmingham-tours.co.uk





The Kite Runner

22nd September - 4th October
The HOUSE at The REP
www.birmingham-rep.co.uk

This haunting tale of friendship, based on Khaled Hosseini's international bestselling novel and film, spans cultures and continents and follows one man's journey to confront his past and find redemption.

Afghanistan is a divided country on the verge of war and childhood friends, Amir and Hassan are about to be torn apart...

Visit the website for times and ticket prices.

The Radiophonic Workshop

15th October | 7pm
Town Hall
www.thsh.co.uk

The world famous sonic pioneers perform at Town Hall as part of their Regeneration Tour. Tickets are £17.50 and can be booked online.

Vegetarian Dinner from Worcester Produce

15th August | 7pm
Opus at Cornwall Street
www.opusrestaurant.co.uk

Enjoy the freshest vegetables imaginable without having your own farm! Enjoy four courses of fresh food, with wines to match, for just £65.

Call 0121 200 2323 to book.



City of Colours

6th & 7th September | All day
The Custard Factory
www.custardfactory.co.uk

Over 100 artists will transform Digbeth into one of the UK's largest outdoor art galleries. The free event will also boast live painting, break dancing, DJs, live illustration battles, beat box battles, cinema screenings and other innovative and engaging visual art forms.

Admission is free.

Fierce Festival

2nd - 12th October
Various locations
www.wearefierce.org

An annual international festival of cross-art-form performance taking place across Birmingham in a mix of unusual sites and established art venues.

Fierce Festival features live art, theatre, dance, music, parties and installations. Visit the website for all the latest information and costs.

Tell me about your Ex 2

2nd - 6th September | 7.30pm
The Old Joint Stock Theatre
www.oldjointstock.co.uk

Tell Me About Your Ex is an exciting, brand new theatrical experience where the audience is the author! Funny, scary, sad and uplifting, this is a play for everyone who has been in love - or still is.

Call 0121 200 0946 to book.
Tickets are £10.



Autumn Sunshine Rum Tasting

17th October | 6pm
Pub du Vin
£45
www.hotelduvin.com/locations/birmingham

For just £45 you can taste five superb rums and learn a bit more about them during this relaxed, fun and interactive rum tasting with Hotel du Vin's Bars Manager, Ben Rice.

To book, email events.birmingham@hotelduvin.com

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Colmore Life: Managing Editor

Tahreen Kutub | Deputy BID Manager
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